



PE CURRICULUM PLAN EYFS, KS1 & KS2 - HIGHLIGHTED IN YELLOW = SPORTS COACHES TEACHING

	Autumn Term 1 st half	Autumn Term 2 nd half	Spring Term 1 st half	Spring Term 2 nd half	Summer Term 1 st half	Summer Term 2 nd half
EYFS			Gymnastics - High, Low, Under, Over	Dance - Ourselves	Ball Skills - Hands	Ball Skills - Feet
YEAR 1	Locomotion - Running	Gymnastics - Wide, Narrow, Curled	Dance - Growing	Dance - The Zoo	Team Building	Attack and Defence
	Ball Skills - Hands 1	Locomotion - Jumping	Gymnastics - Body Parts	Ball Skills - Feet	Ball Skills - Hands 2	Athletics
YEAR 2	Locomotion - Jumping	Dance - Water	Dance - Explorers	Gymnastics - Pathways	Dance - Mr Candy's Sweet Shop	Health & Well- being - Agility
	Team Building	Ball Skills - Hands	Gymnastics - Linking	Locomotion - Dodging	Ball Skills - Feet	Athletics

	Autumn Term 1 st half	Autumn Term 2 nd half	Spring Term 1 st half	Spring Term 2 nd half	Summer Term 1 st half	Summer Term 2 nd half
YEAR 3	Dance - Wild Animals	Gymnastics - Symmetry and Asymmetry	Dance - Weather	Outdoor Adv - Communication & Tactics	Athletics - Throwing & Jumping	Games - Striking & Fielding - Rounders
	Outdoor Education - Problem Solving	Games - Hockey	Games - Net/Wall - Tennis	Athletics - Running	Games - Striking & Fielding - Cricket	Athletics - Competitions
YEAR 4	Dance - Space	Gymnastics - Bridges	Dance - Cats	Games - Net/Wall - Tennis	Athletics - Running	Games - Striking & Fielding - Rounders
	Outdoor Education - Orienteering	Games - Invasion - Football	Games - Invasion - Basketball	Games - Invasion - Tag-Rugby	Games - Striking & Fielding - Cricket	Athletics - Competitions

	Autumn Term 1 st half	Autumn Term 2 nd half	Spring Term 1 st half	Spring Term 2 nd half	Summer Term 1 st half	Summer Term 2 nd half
YEAR 5	Dance - The Circus	Gymnastics - Counter Balance & Tension	Swimming	Swimming	Athletics	Games - Striking & Fielding - Rounders
	Outdoor Education - Problem Solving	Games - Net/Wall - Badminton	Games - Invasion - Netball	Games - Invasion - Handball	Health Related Exercise	Athletics - Competitions
YEAR 6	Gymnastics - Matching & Mirroring	Dance - Carnival	Dance - Titanic	Games - Invasion - Dodgeball	Athletics - Throwing and Jumping	Games - Striking & Fielding - Dodgeball
	Outdoor Education - Communication and Tactics	Games - Invasion - Hockey	Games - Net/Wall - Tennis	Health Related Exercise	Games - Invasion - Football	Athletics - Competitions