

PE at Ashmole Primary School



‘Exercise activates our brains and gives us energy for all our work.’

Intent

P.E. is about pupils learning about themselves: their capabilities, their potential and their limitations. It is the foundation of all sport participation but it goes beyond the individual and understanding themselves, it is learning how to work with and respect others. Here at Ashmole Primary School, we believe being physically active has a positive influence on academic achievement and emotional stability and therefore see P.E. as a crucial part of a child's development. During their time here pupils will be taught the importance of being physically active, will participate in activities that develop cardio-vascular health, flexibility, muscular strength and endurance and, develop social skills by co-operating in groups and teams. Children will learn to respect the conventions of fair play, learn to be honest and how to be an effective team member.

Implementation

Physical Education at Ashmole Primary School consists of at least two hours of high quality lessons per week. During Key Stage 1, the children will take part in dance, ball skills, gymnastics, athletics, tennis and dodgeball. In Key Stage 2, the children will take part in dance, games, gymnastics, swimming, athletics, invasion games and a leadership unit.

Teachers will plan using our chosen scheme of Complete P.E. Each P.E. lesson will be differentiated to ensure all children are accommodated for and all learning needs are met. Every opportunity will be taken to ensure that all children have the opportunity to access and enjoy P.E.

All children must have a P.E. kit in school for all P.E. lessons. A full P.E. kit includes the following items: school P.E. T-Shirt; blue shorts; plain blue tracksuit bottoms (winter months); plain blue zip up/ fleece (winter months) and trainers or plimsolls.

P.E. kits must stay in school throughout the week as schedules can sometimes be altered. All kits will be sent home every half term to be washed. Children in Year's 5 and 6 are encouraged to take them home more frequently when necessary.

At Ashmole, we also provide a wide range of extra-curricular sports clubs after school. These clubs currently include netball, football, street dance, tennis and gymnastics. Children are given opportunities to represent the school during local competitions including cross country, football, netball and dance.

Impact

During lessons, self-assessment will take place as will peer-assessment in relation to a success criteria. At the end of a unit, children are assessed against each lesson's objectives and can be assessed as either below, working at the expected level, or working at greater depth.

The vast majority of pupils meet or exceed their expected progress in Physical Education. Pupils are well-prepared for the next stage of their education. Analysis of physical education attainment indicates that the majority of children in each year group meet the expected standard.

Leadership, sportsmanship, teamwork and physical activity is embedded across the school and feeds in to all subjects. Excellent progress in P.E. has a significant benefit for pupils in all other subjects.