



Ashmole Primary School Safeguarding Newsletter



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Who are the Safeguarding Team at our school?

Designated Safeguarding Lead – Miss Costas



Deputy Safeguarding Lead – Mr Tofallis



Deputy Safeguarding Lead – Mrs Toal



Designated Safeguarding lead for the Trust - Mrs McLaren

Safeguarding Governor - Dr Bowry

Useful Acronyms & Vocabulary about Safeguarding.

BICS- Barnet Integrated Clinical Service (a Wellbeing and Mental Health Service).

CAMHS- Child and Adolescent Mental Health Services.

CAFCASS - Children and Family Court and Advisory and Support Service

MASH: Multi Agency Safeguarding Hub.

EHA – Early Help Assessment

PREVENT: Part of the PREVENT Governments Counter Terrorism Strategy to stop people being drawn into extremism.

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This term we have had a key focus on Online Safety. The staff have all attended in depth, online safety and prevent training, delivered by The Barnet Prevent Education officer, which we have continued to embed into our practice. Similar training has also been delivered to parents through a brilliantly informative workshop focusing on different aspects of Online Safety with advice and support for parents on social media, online gaming, radicalisation and tips for helping their children to understand the online world. The children in Year 5 and 6 have all also taken part in workshops linked to similar themes and advice on how to report any concerns they may have.

As always, all key Safeguarding information is on our Ashmole Primary School website including how to report a concern as well as where our Safeguarding and Online Safety newsletters can also be found.

<https://www.ashmoleprimary.org/page/?title=Safeguarding&pid=92>

This newsletter will focus on:

Online Safety

Online Safety forms a fundamental part of our school’s safeguarding and child protection measures. Our school ensures that we take a whole school approach to online safety to help and guide staff, Governors, volunteers and parents in understanding how to keep children safe online, in and outside of school.

Early Help

‘Early Help’ describes any service that supports children and families as soon as a problem emerges. Early Help (sometimes referred to as ‘early intervention’) services are provided by local authorities. Many of the services available will provide information and advice to support families. This can be offered in a one-to-one setting or as part of a group. They may also help families find solutions to specific problems.

Bereavement support

Losing someone important to us can be emotionally devastating and can bring up lots of different emotions. Bereavement affects everyone in different ways and it’s possible to experience any range of emotions, which can be especially difficult for children. As a school we would like to support those experiencing grief as much as possible. We would also like to encourage families to inform the safeguarding team if they feel that their child may benefit from bereavement support to enable us to guide and assist you in accessing services such as Grief Encounters, a charity we work closely with.



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Online Safety Reminders

Age ratings are in place to help protect your child. Below we have provided you with a little reminder of how important it is to check the age ratings of what your child is accessing online. Here are the age ratings of some of the more popular apps that young people are accessing.



Whether your child is viewing films, accessing apps, playing games online, using social media or downloading other apps it is vital that you check the age rating first to see if your child is old enough. The likes of PEGI include further content descriptors, which will give you an indication of the type of content that your child might view e.g. violence, if accessing the app/game etc. It is also important to mention that whilst age ratings do allow you to see if something may be appropriate for your child, it is also important for parents and carers to review the content first. By checking yourself, this will allow you to make an informed decision as to whether it is suitable for your child to access and if it would be beneficial to apply further parental controls.



Has someone done something online that has made you or a child or young person you know feel worried or unsafe? Click **the graphic left** to make a report to one of CEOP's experienced Child Protection Advisors.



Childline is a free 24 hour counselling service for children and young people up to 18 in the UK, provided by the NSPCC.



Childnet - a non-profit organisation working with others to help make the internet a great and safe place for children.

Further Support and Information



<https://www.thinkuknow.co.uk/>



<http://parentzone.org.uk/>



<https://www.nspcc.org.uk/>

<https://www.internetmatters.org/issues/radicalisation/>



<https://www.childline.org.uk>



<https://www.support-people-vulnerable-to-radicalisation.service.gov.uk/prevent-duty-training-learn-how-support-people-vulnerable-radicalisation>



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Early Help

Early Help is for everyone. It means identifying an issue and reaching out to services that can help you before the issues become overwhelming. Within Barnet and Enfield there are many services that can provide 'Early Help' to all families no matter how old your child is.

How can Early Help offer support?

All families face challenges and sometimes need support. Early Help provides this support as soon as possible to tackle difficulties for children, young people and families before they become more serious. They work with the whole family but children are at the centre of all that they do. Every family has strengths and Early Help can work with them to build on these. With parental consent, Early Help can involve professionals that will work together so you only have to tell them about your situation once.

Our school work closely with Early Help and would like to encourage any parents who feel that they may benefit from support from different services, to speak with a member of our school safeguarding team who will work with you to make a referral.

Once the Early Help Team receive a referral for an Early Help Assessment:

- You will be contacted to discuss your request.
- An Early Help Assessment may be completed with you. This will usually involve more discussions between you and (if you agree) other members of your family and relevant professionals to support you in the best way.
- This support will be coordinated by a Lead Professional who will be your main point of contact.

School therapy- At Ashmole Primary School we are extremely lucky to work with our experienced therapist Cindy Heather to provide additional support to children in our school with their Mental Health and Wellbeing. Cindy works with children individually and in groups through a variety of therapies including; Drawing and Talking, Lego Therapy, Talking Mats, Sensory Therapy and Play Therapy. If you have concerns in regards to your child's mental health/wellbeing please see myself (Miss Costas) or Mrs Toal (SENCO) to share your concerns and together we can discuss ways that our school can provide further support.

Bereavement Support

At Ashmole Primary school we work with Grief Encounters, a brilliant charity whose mission is to give every child and young person access to the best possible support following the death of someone close. The charity work closely with individuals, families, schools and professionals to offer a way through the anxiety, fear and isolation so often caused by grief.

The services provided by Grief Encounters include;

- One-to-one counselling.
- Group workshops.
- Music, Art and Drama therapy.
- Residential and family fun days.
- Bespoke support for school, universities and colleges.
- A dedicated team for support following a sudden or traumatic bereavement.
- Award-winning resources including a unique Grief Relief Kit, Grief Encounter Workbook and Journal.
- The charity also has a National, free and confidential helpline 'Grief talk' offering web chat service.

If your family have experienced a recent bereavement and you feel that your child may be in need of bereavement support, please speak to Miss Costas who will be able to support you with this and make a school referral if this is required.