

Ashmole School Council and Eco- Warriors competition



Children across Ashmole Primary School - we need your help - can you design a school packed lunch that's healthy and doesn't involve any single-use plastics?

Lunchtime is a very important part of the day, and now more than ever it's important to be aware of what we're eating and the packaging we're throwing away.

Our Ashmole School Council and Eco -Warrior teams have a great competition for you all to get involved in...

We would like you to be creative and imaginative when designing the school packed lunch, but it's very important to keep it healthy and plastic-free.

Also, try to remember to use all food groups from the Eatwell guide and try to focus on low sugar and salt foods. It is important to include at least one portion of fruit and vegetables, and a drink of milk or water must be included as well.

What is single use plastic?

Single-use plastics the hard-to-recycle stuff that tends to get used once, and then thrown away.

In the video linked below, you can see a great example of what might happen to plastics that aren't recycled. The video is all about Keeping Britain Tidy through a poem by Steve Backshall, called Jemima Glitter and the voyage of Bob the Bottle. Please take some time to watch this video!

https://www.youtube.com/watch?v=YzHALc_6ywk&t=171s

Entries must be no bigger than A4 size and can include drawings, photos and descriptions. Make sure you have a catchy title! Please include what you'd store, wrap and transport your lunch in too!

From your Ashmole School Councillors and Eco- Warriors