

# Road Safety Week November 14<sup>th</sup> – 20<sup>th</sup>



Every day 6 children are killed or hurt on roads in Britain.  
Let's all work together to keep our children safe.

## What you can do:

- ★ **Hold Hands with young children** – this is the most important thing you can do to keep your child safe near and on roads.
- ★ **Set a good example** - it's the best way for your child to learn how to be safe.
- ★ **Always use safer crossings** - such as a zebra crossing, even if it means going out of your way.
- ★ **Look out for driveways** - remind your child that even pavements aren't always safe.
- ★ **Wearing something bright and reflective** will help your child be seen by drivers.
- ★ Ensure everyone in the car is **wearing their seatbelt**. This is the best thing you can do to protect your child in the event of an accident.
- ★ Make sure your child is in a **car seat**.

## Don't drive if you don't have to:

- ★ Remember, walking is great for your child's health and will help them to learn about road safety.
- ★ Fewer cars on the road will help keep our streets safer and healthier.
- ★ Exercise stimulates the brain ready for learning.

## Supporting you:

- [Zebras | Brake](#) is a road safety website for children and families and includes activities and top tips for parents/carers.
- Parents guide to teaching road safety can be found here: [Free resources - RoSPA](#)
- [Walk About, Talk About](#) is a series of short films aimed at parents and carers of young children in London.
- A guide to choosing, fitting and using child car seats can be found here: [Our guide to choosing the right child car seat - RoSPA](#)
- Contact [Road.safety@barnet.gov.uk](mailto:Road.safety@barnet.gov.uk) for further resources, advice and support.