



An Ashmole Academy Trust School

Head Teacher: **Mr Chris Tofallis**

26th November 2021

Dear Parents and Carers

PSHE Education

As a part of your child's education at Ashmole Primary School we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

We are writing to let you know that, over the next few weeks, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme and it also corresponds with our Science curriculum this term.

Lessons in Year 5 will include pupils learning about: Healthy relationships, including friendships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will also have opportunities to ask questions. To support this, we will split the Year 5 children into two groups, boys and girls, to ensure that all pupils feel comfortable asking appropriate questions and/or sharing any concerns. If your child would like to ask anything privately, we will also have a question box available in each classroom that teachers will check regularly and respond to appropriately.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and our governing body. Please visit the school's website: <https://www.ashmoleprimary.org/> for more details about our PSHE /RSE curriculum and school policy. All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents are highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, we would urge you to see Mrs Toal (KS2 Leader), Miss Costas or Mr Tofallis.

Yours faithfully

Mrs Toal and Miss Costas
(KS2 Leader and PSHE coordinator)

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